

Indicators for Predicting Crises

1. Substance abuse
2. Puberty; 'Physiology' Medical/Dental
3. Changes
4. Increased responsibility
5. Dating/sexual relationships
6. Increased Stress/Anxiety
7. Age mate passages (esp. siblings)
8. Increased "parental" involvement. Denial/Repression
9. Loss - especially significant
10. Sleep changes
11. Eating/weight changes
12. Hypochondriasis/somatization
13. Overly compliant
14. Unexpected refusals to participate in previously enjoyed activities
15. Self-deprecation
16. Unexplained injury or illness
17. Major decrease in skill performance
18. Unexplained increase in support request/beeper abuse



Community Resource Alliance

www.craconferences.com