

**Quandaries**  
**Part 2**  
**Physical and Psychological Concerns that Present as Challenging Behaviors**

**Presenter:** Sue Gabriel

**Intended audience:** Advocates, Families, Support Staff, Clinicians that support persons with challenging behaviors

**Session Description**

According to Webster's, a quandary is a state of perplexity or a predicament. (Not only that, but if you add "ndary" to "Qua" in scrabble, you can really score!) A perplexing state is often the case when providing services to persons with developmental disabilities and challenging behaviors. Unfortunately, aggression towards self and others is all too often the predicament. This talk is designed to give family members, Para-professional, and professional staff a framework in which to assess and suggest treatment strategies for aggression and many challenging behaviors.

Session 2 will include Psychiatric Assessment

- a. Depression
- b. Bipolar Disorder
- c. Anxiety Disorders (OCD/GAD/PTSD)
- d. Psychotic disorders

Treatment issues will be interwoven with the subject areas

Conclusions/evaluations

Questions are hoped for throughout the presentation.